

Title	Sessions	SGL Status	SGLFirst Name	SGL Last Name	Email	Phone	Desc	# of Classes	Sessions Total
Amazing Astronomy... without any math!	6	Returning	FRED	CINK	freddiecink@gmail.com	3606896549	<p>A series of comprehensive, but easy to follow audio/visual presentations focusing on the awesome beauty of this incredible universe in which we live.</p> <p>Session 1: Cruising through the Solar System. A visually stunning tour of the sun, planets, moons, asteroids and comets in our solar system.</p> <p>Session 2: Cruising through the Cosmos. Mind-boggling views of the awesome beauty of deep space as revealed by the Hubble Space Telescope.</p> <p>Session 3: Here Comes the Sun. A visual documentary of our sun, the fusion process that powers it, and what will happen when it runs out of fuel and dies.</p> <p>Session 4: Cruising to the Moon. An exploration of our nearest neighbor in space, and how it inspired that "...one giant leap for Mankind."</p> <p>Session 5: From Galileo to the Hubble...the Evolution of the Telescope. How the many different types of telescopes reveal both the visible and the unseen mysteries of the universe.</p>	1	6
Amphibians and Reptiles, a global overview	7	Returning	John	Murphy	serpentresearch@gmail.com	3124018924	Amphibians & Reptiles, a global overview, will use David Attenbrough's five-part series Life in Cold Blood to stimulate class discussion. Session 1 will discuss the evolution of adaptations found in amphibians and reptiles. Session 2 discusses amphibians (Frogs, Salamanders, and caecilians). Session 3 discusses Turtles & Crocodilians. Session 4 is on	1	7
Astronomy in the News: Our Growing Understanding of the Universe	4	Returning	Edward	Schmidt	eschmidt1@unl.edu	5206488149	Our knowledge of the universe has expanded at an unprecedented rate in recent years with new discoveries frequently covered by the media. In this class we will discuss the background of some of these developments and their significance for our larger understanding of the universe. Particular topics will depend on what has been in the news recently but will certainly include results from the James Webb Space Telescope and discoveries from the many space missions that are exploring our solar system. Members of the class will be encouraged to suggest topics as we go along. No	1	4
Exploring How Music Affects and Reflects Changes in Society	6	Returning	Rick	Leighton	rickleighton04@gmail.com	5204736345	<p>This six-session course will examine the effect that music has on people of all ages. Focus will be on 20th century popular music of many genres- the leaders will use recorded music, videos, and live performance in this exploration. There will be plenty of room for discussion, and there will almost always be opportunities for OPTIONAL individual creative expression. This class can take many different directions, partly guided by the diversity of the participants: their life experiences, cultural backgrounds, interests. Relevant current events may be incorporated into the content of any particular session.</p> <p>There will be a \$10 materials fee for a variety of supplies</p>	1	6

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Five Directors	5	Returning	Philip	Wenstrand	pwens@gmail.com	520-625-4805	John Ford, Orson Welles, Alfred Hitchcock, John Huston and Stanley Kubrick defined "the movies" in its first 100 years. Through their films they spoke to millions of people world-wide that they never met. These men not only influenced cinema directors of today, they changed western culture forever. Our attitudes about life, war, sex and even death were altered through what was supposed to be only an entertainment medium.	1	5
French Song Appreciation	4	Returning	Sylvie	Robertshaw	robon88@hotmail.com	5203053320	Each week, in this five week adventure, we will explore the worlds created in the 20th Century by five very extraordinary French and French Canadian songs offer a wonderful way to get intimate with a language and a culture familiar, yet too often clichéd. Let's take a nostalgia trip to iconic destinations through timeless tunes and voices. Lyrics provided with translation (fee:\$5 for about 20	1	4
History of the Upper Santa Cruz River Valley	6	NEW	Daniel	Judkins	djudkins1950@gmail.com	5204907770	Using a combination of lecture and guided group discussion, this study group will focus on the Spanish, Mexican, and early American periods in the upper Santa Cruz River valley. The Spanish Period (1691-1821) will include information on the arrival of the first Catholic priest in the valley, establishment of missions, the introduction of cattle and European crops and fruit trees, efforts to "reduce" the Indian inhabitants to Catholic and Spanish ways, a major silver discovery, establishment of military Presidios, the Pima Rebellion, the Anza Family and other prominent settlers, the Jesuit Expulsion of 1767 and their replacement by the Franciscans, the Anza trek to San Francisco, building a larger church at Tumacácori, and problems with Apaches and with epidemics. The Mexican Period (1821-1854) will include changes in how the missions were managed, local effects of the Mexican-American War, forty-niners traveling through, the Gadsden Purchase, and the exit of Mexican soldiers. The very early American Period (1854-1861) will include: arrival of the first American settlers, mining,	1	6

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How Science is Changing Christian Theology	5	Returning	Ron	Rude	rh rude47@yahoo.com	520-240-0618	The universe is at least 13.8 billion years old, planet Earth 4.6 billion years old, and life on Earth about 3.8 billion years old. Homo sapiens emerged roughly 300,000 years ago. We are a recent addition, just one out of about 20 million species inhabiting Earth's thin biosphere (7 miles down into Earth's crust, 7 miles up into Earth's atmosphere).  Judaism and Christian are recent religions. They appeared a mere 3,500 years and 2,000 years ago, respectively. Why then? What prompted the emergence of these recent, new, baby religions? And why are they mostly addressed to and about humans?  Our 5 sessions will explore key learnings over the past 500 years within Nature's natural sciences (astronomy, geology, evolutionary biology, paleoanthropology, ecology). We will note significant worldview-altering scientific breakthroughs, and will wonder together about how these "stunners" are	1	5
Investing for Income	2	Returning	Richard	Munding	richard@rmhinvestment.com	5203142300	Learn how to invest for income during retirement. Interest rates were at historic lows several years ago, now going lower?	1	2
Investing for Women	3	Returning	Richard	Munding, CFA	richard@rmhinvestment.com	5203142300	We would like a 3 day course for 90 minutes to help women understand investing	1	3
Investing in Retirement	3	Returning	Richard	Munding, CFA	richard@rmhinvestment.com	5203142300	Retirement can last 20 years or more, learn the essential tools for investing during this time period	1	3
Kitchen Confidential: Romance and Reality	1	NEW	Kerri	Hector	kerrihector@gmail.com	402490-8167	Kitchen Confidential by Anthony Bourdain is an expose on the adventures in the culinary underbelly. The class will use the book as a foundation to discuss the romance and realities of working in the wild, wacky world of restaurants. Learn how to	1	1
Learn the Basics of Mah Jongg	8	NEW	Myrna	Feldman	sandmfeldman13@aol.com	203 733-6961	Mah Jongg is played with 4 players seated around a table. Players shuffle the tiles, cast the dice and perform rituals involving the allocation of tiles. Then the exchange of tiles begins. The first person to match a hand of 14 tiles with the card ends the game. Requirement:\$14 for a Mah Jongg Card from the National Mah Jongg League	1	8
Louise Penny Three Pines Series	6	Returning	Carol	Casey	carolcaseyvt@aol.com	18027773666	We will continue to read the novels of Louise Penny featuring Armand Gamache and usually set in Three Pines. Meeting every other week, we will discuss books 9 through 14 in the series, beginning with How the Light Gets In.	1	6
Oh, How I Miss SARA	5	NEW	Rick	Weissenborn	rwica@yahoo.com	530-370-5442	This Study Group will present an overview of the required protocol for federal Superfund sites, including what defines a "Superfund Site", and similarities with state-defined protocols. The overlying protocols will include procedural details that illustrate how work is accomplished at each site and how contractors performing the work and regulatory agencies	1	5

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Pirates of the Caribbean: In History and Folklore	4	Returning	Kevin	Gosner	kevin.gosner@gmail.com	5202043247	<p>In the late seventeenth and early eighteenth centuries, maritime trade in the North Atlantic and Caribbean was at the mercy of sea-faring marauders. Pirates, buccaneers, freebooters, and privateers raided coastal ports, waylaid merchant ships at sea, captured cargoes of African slaves, kidnapped Native peoples, and settled along neglected frontiers. In 1628, a Dutch privateer, Piet Heyn, commandeered the entire Spanish silver fleet.</p> <p>Piracy disrupted colonial empire-building, inflated the financial risks of international commerce, and undermined early modern conventions of propriety, social hierarchy, and civil authority. The scourge eventually led to cooperative efforts among bitter colonial rivals to jointly regulate and police maritime business practices across the Seven Seas.</p> <p>Pirates and privateers have been subjects of popular ballads, seafarers' songs, and literature since the sixteenth century. The tradition romanticizes the exploits of men like Edward Teach (Blackbeard) and Henry Morgan, and the transgressions of women like Anne Bonny and Mary Read. This folklore offers colorful and lively descriptions of the social and cultural history of these maritime communities that can be set against more conventional historical sources like the transcripts of criminal trials and the treasury books of early merchant houses.</p>	1	4
Sailing on a Clipper Ship in Greece and Turkey	2	Returning	Diane-Marie	Landsinger	dlandsinger@earthlink.net	5202419904	<p>We'll explore this fascinating history in a class of four lectures, highlighting how the "true" history of the pirates of the 150 years ago sailing the seven seas was legendary. The romance and adventure of sailing today on a Clipper Ship is a way to fulfill your wanderlust and enjoy small ports, archaeological sites, churches, caves and windmills.</p> <p>Photos from Istanbul, Athens, Dikili, Myrina Limnos. Skiathos (film Mamma Mia) Skopelos (the beauty of this island competes with Santorini and Mykonos), Poros and Piraeus (Athens) Sailing the Northern Sporades Islands.</p> <p>Next Sailing Trip - March 2024 to Costa Rica and Panama.</p> <p>Look for more information on NEW Travel SIG starting in</p>	1	2

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The American Bill of Rights	8	Returning	Hugh Patrick	Furman	furman@colorado.edu	7203258205	We will examine the creation, interpretation and application of the first ten Amendments to the United States Constitution, the Amendments that have come to be known as the Bill of Rights. We'll start with a discussion of why and how the Bill of Rights was created shortly after the adoption of our Constitution, and then we'll discuss the more important and well-known decisions of the United States Supreme Court interpreting the Bill of Rights. This will allow us to discuss various current political and legal topics – guns, abortion, and A look at how Spain managed their hold on the American Continents for over 300 years. The early gold and silver mines, the slavery of the indigenous people and expansion of Christian beliefs through missionary efforts.	1	8
The Spanish Mission Period in the American Continent	4	Returning	Craig	Reid	careid01@hotmail.com	5202889394		1	4
The Virtues Project: It's Never Too Late to Become a Better Person	6	Returning	Daniel	Wegener	dwegen@yahoo.com	(520) 561-7051	We will explore and define the concept of virtues and their importance in everyday life. Using the Virtues Cards provided by the leaders, participants will choose the virtues most relevant to them. Then, alone and in groups, we will go into depth about each chosen virtue: why it matters, why it is challenging, how it can be incorporated into daily life. We will explore strategies for encouraging people in our lives to value and reflect virtues. The Virtues Project is designed to enhance Have you ever considered making the very long trip to see the Himalaya, maybe even thought of taking a trek up into the high mountains yourself? Or perhaps you've just wondered what the trekking experience is actually like. Well, here's your opportunity to sit back and enjoy the scenery and experience without having to endure the deprivations and discomforts that come with traveling to and trekking in the Himalaya. Curt made two trips to Nepal, taking 10-day and 16-day treks up into Sagarmatha (Mt. Everest) National Park.	1	6
Trekking in the Himalaya	1	Returning	Curt	Matuna	cmatuna@comcast.net	5202992533	This class will focus on the experience of trekking through the high Himalaya, hiking from guesthouse to guesthouse. We'll climb 16,000 foot Dingboche Ri, 17,600 foot Gokyo Ri (for its incomparable view of the Everest Range), and struggle over the 17,600 foot Chola Pass (sorry, no Everest climbing – that's for crazy people!). We'll take in the spectacular mountain vistas along the way, as well as endure the cold, boredom and other challenges that trekking entails, and meet the guides	1	1
Grand Total								21	96