



THE UNIVERSITY OF ARIZONA HEALTH SCIENCES

Center for Sleep, Circadian & Neuroscience Research

2024 Sleep and Circadian Research Day Agenda

Location: Health Sciences Innovation Building (The Forum, Ground Floor)

Start Time	End Time	Presentation	Presenter
8:00 AM	8:30 AM	BREAKFAST & COFFEE	
8:30 AM	8:50 AM	Welcome and Opening Remarks	Michael Grandner
8:50 AM	9:20 AM	Keynote: Sleep and Circadian Research Priorities and Training at the NIH	Shilpy Dixit <i>National Institutes of Health</i>
9:20 AM	10:00 AM	Keynote: Sleep and Circadian Research: Military Implications	Allison Brager <i>US Army</i>
10:00 AM	10:10 AM	BREAK	
10:10 AM	10:15 AM	Intro to Mini Presentations	
10:15 AM	10:25 AM	Arizona Faculty and Trainees	Daniel Taylor
10:25 AM	10:35 AM		Rina Fox
10:35 AM	10:45 AM		Scott Killgore
10:45 AM	10:55 AM		Kelly Kim
10:55 AM	11:00 AM		Samantha Nagy
11:00 AM	11:10 AM		Daniel Matloff
11:10 AM	11:15 AM		Sam Larson
11:15 AM	11:25 AM	BREAK	
11:25 AM	12:10 PM	Keynote: Mechanisms Linking Sleep and Circadian Health to Cardiometabolic Disease Risk Factors	Naima Covassin <i>Mayo Clinic</i>
12:10 PM	12:30 PM	Panel Discussion	
12:30 PM	1:40 PM	LUNCH & NETWORKING	
1:40 PM	1:45 PM	Intro to Mini Presentations	
1:45 PM	1:55 PM	Arizona Faculty and Trainees	Michael Grandner
1:55 PM	2:05 PM		Daniel Combs
2:05 PM	2:15 PM		Lauren Hartstein
2:15 PM	2:25 PM		Kathryn Kennedy
2:25 PM	2:35 PM		Fabian Fernandez
2:35 PM	2:45 PM		Suzanne Gorovoy
2:45 PM	2:55 PM		Fiona Bailey
2:55 PM	3:05 PM		Jackie Leete
3:05 PM	3:15 PM		Rae Mendoza
3:15 PM	3:30 PM	BREAK	
3:30 PM	4:15 PM	Keynote: Future Directions for Sleep and Circadian Research	Charles Czeisler <i>Harvard University</i>
4:15 PM	4:40 PM	Panel Discussion	
4:40 PM	5:00 PM	Presentation of Awards and Concluding Remarks	Michael Grandner
5:00 PM	6:00 PM	RECEPTION	