

OLLI - 2026 - MARCH - NEMO

Oral History Project

Oral history preserves lived experience and strengthens connections between generations.

Goal is to make interviews meaningful, comfortable, and useful.

A good interview is one where someone feels heard and remembered.

Record the conversation and/or write notes. Label it with the date and names.

Ask open questions.

Listen deeply.

Follow the story.

Invite details.

Respect emotions.

Save the memory.

Value the connection.

//Listen more than you talk. The interviewer's most powerful tool is attentive silence.

//Best interviews often come from patient listening rather than clever questions.

//A successful interview is one where people feel heard and something meaningful is remembered.

//Let pauses happen—people often remember more after a pause.

"What happened next?"

"Tell me more about that."

"Can you describe that a little more?"

"How did that affect you?"