

Common challenges of very high Perceivers

1. Chronic open loops

You may:

- Start lots of things
- Leave projects partially done
- Keep options open “just in case”

Impact: mental clutter + difficulty making progress on what actually matters

2. Procrastination + pressure cycles

You often work best when:

- There's urgency
- A deadline is *imminent*

So the pattern becomes:

delay → pressure → sprint → relief → repeat

Impact: stress spikes + inconsistent performance

3. Decision paralysis

You tend to:

- Keep gathering more info
- See multiple valid paths
- Avoid locking in too early

Impact: missed opportunities or slow momentum

4. Resistance to structure

Rigid systems can feel:

- Confining

- Premature
- Unnecessary

So you might:

- Avoid schedules
- Resist routines
- Push back on detailed plans

Impact: inconsistency, especially in long-term goals

5. 🎯 Difficulty with prioritization

When everything is interesting:

- Everything feels equally important

Impact:

- Energy gets scattered
 - High-value tasks don't always get finished
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6. 🧠 Distractibility by new ideas

You might:

- Jump to the next exciting idea
- Abandon current work mid-way

Impact: lots of potential, less execution

7. 📅 Underestimating time & commitments

You may:

- Assume things will “work out”
- Say yes to multiple things

Impact: overcommitment + last-minute stress

What's actually strong about this style

Just to ground it—high P types are often:

- Highly adaptable
- Creative and idea-rich
- Great in changing or uncertain environments
- Open-minded and exploratory

Practical ways to balance it

- **Use “minimum structure”** (just enough, not rigid)
- **Decide with limits** → “I’ll choose after 3 options”
- **Create artificial deadlines**
- **Finish before switching** (even small wins count)

Simple reframe

Instead of:

“I want to keep my options open”

Try:

“What’s worth committing to *now*, even if it’s not perfect?”